

French Food Safety Agency gives aspartame a clean bill of health

France's food safety authority, the AFSSA (L'Agence Française de Sécurité Sanitaire des Aliments), has evaluated the scientific credibility of rumours about aspartame circulating on the internet and in the media and concluded that they are without foundation. The report, instigated by France's DGCCRF (Direction Générale de la Concurrence, de la Consommation et de la Répression des Fraudes), addresses in detail allegations concerning neurological effects. The UK Food Standards Agency (FSA) is also reviewing allegations about aspartame, following its own internet search, and the AFSSA report will form part of this review.

In summarising its conclusions, the AFSSA points out that the dietary components produced when aspartame is digested are also produced during the digestion of other foods which form part of the daily diet; aspartame is a minor source of these components compared with other foodstuff and adverse effects cannot therefore be attributed to aspartame.

7th May 2002