

## Dr. Bernadene Magnuson



Dr. Bernadene Magnuson is professor of food and nutrition at the University of Maryland, where she conducts research on food toxicology, diet and cancer prevention. She also teaches food science and toxicology.

Dr. Magnuson has published numerous peer-reviewed articles, book chapters, abstracts and professional articles, is on the editorial board of two journals and is an active member of various committees of the Institute of Food Technologists and the Society of Toxicology. Dr. Magnuson was the lead author of an expert review of the safety of aspartame entitled Aspartame: A Safety Evaluation Based on Current Use Levels, Regulations, and Toxicological and Epidemiological Studies published in *Critical Reviews of Toxicology* (37:629-727, 2007). In these clips, Dr. Magnuson discusses the expert review.

## John Fernstrom



John Fernstrom is Professor of Psychiatry and Pharmacology at the University of Pittsburgh School of Medicine and Research Director of the University of Pittsburgh Medical Center Weight Management Center.

A member of numerous professional societies, including the North American Association for the Study of Obesity, the American Society for Clinical Nutrition, the American Society for Nutritional Sciences, the American Society for Neurochemistry and the Society for Neuroscience, Dr. Fernstrom has published over 200 articles and reviews and has edited the proceedings of three scientific conferences. Here, he discusses what aspartame is, why it is so useful in our diet, and details the some of the science which affirms the safety of aspartame. Here, he discusses what aspartame is, why it is so useful in our diet, and details the some of the science which affirms the safety of aspartame.

## Professor Nicholas Finan



Professor Nicholas Finan is a leading expert on obesity and nutrition, having worked in these fields for more than 20 years.

Formerly Clinical Director of the Wellcome Clinical Research Facility, based at Addenbrooke's Hospital in Cambridge, he is now Honorary Professor and Consultant at the University College Hospital London. Professor Finan is also a registered nutritionist and has served as Chairman of the Association for the Study of Obesity. In this interview, Professor Finan gives advice about ways in which we can maintain a healthy diet.

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