

What is AminoSweet?

AminoSweet is a low calorie sweetener that tastes exactly like sugar. It is made from two building blocks of protein just like those found naturally in many everyday foods such as meat, fish, cheese, eggs and milk. AminoSweet is digested by the body in exactly the same way as these other protein foods and so does not bring anything new to the diet.

Great Taste

AminoSweet is indistinguishable from sugar and tastes much better than other low calorie sweeteners. The discovery of aspartame was a breakthrough in low calorie sweeteners because of its likeness to sugar, and because it has no lingering or metallic aftertaste. Taste tests show that the same holds true today: people prefer the taste of food and drinks sweetened with AminoSweet.

Low in Calories

Compared with sugar, only tiny amounts of AminoSweet are needed to sweeten foods and drinks, which means that products such as soft drinks with AminoSweet can have almost no calories. With governments and leading health care organisations around the world encouraging us all to reduce the amount of sugar we eat, AminoSweet's role in our diets is increasingly important.

Healthy Diet

AminoSweet is made from two amino acids, the building blocks of protein found in many of the foods and drinks we eat every day, such as fish, meat, eggs, cheese and cereals. By reducing or replacing the sugar and calories in foods and drinks, AminoSweet can help everyone towards a healthier diet, combating rising rates of obesity and its associated diseases.

Kind to Teeth

Because it is made from parts of protein rather than carbohydrates, AminoSweet is tooth-friendly. It is the bacteria naturally present in the mouth turning carbohydrates to acid that can cause tooth decay.

Helpful to Diabetics

Because it contains no carbohydrates, AminoSweet does not affect blood sugar levels. This means that it's an excellent choice for people with diabetes who would like to enjoy food and drinks that taste sweet, but who have to budget their carbohydrate intake carefully.